



Minnedosa United Church

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February 28, 2018

Friends,

This year, you are encouraged to see Lent as a gift that helps us to experience the love of God. It is a gift of slowing down, of quietness, of taking time to ponder what it means to be called “beloved”. Lent invites us to pause and see signs of God’s love. For wherever kindness and fairness are extended, God is there.

As we mark the season of Lent in worship, we are creating a heart shaped poster. We will be invited each week to add hearts in a different colour onto the poster. In the end, we will have crafted a rainbow heart that is symbolic of God’s promise of love and peace that we hear in the story of Noah.

These forty days offer us the opportunity to learn about justice issues, inequality and racism in our community and nation. Take time and ponder: how are we called to show the love of God in our own context? How do we live the promises we have made to God, to build a kin-dom?

Consider trying one of the following spiritual practices during Lent:

- Decorate a jar with ribbon, and label it “prayer jar.” Fill the jar with papers on which you have written the names of the people or situations that you are praying for.
- Go to www.united-church.ca, www.kairoscanada.org, <http://affirmunited.ause.ca/> or search online to find out more about justice issues that affect us in our country.
- Journal about how you experience love, and how you show love to others.
- Be still and quiet for 5 mins/day while meditating on the phrase “you are God’s beloved”.
- Do something unexpected for someone else each day of Lent.

May Lent help us to find new ways to bathe in the love of God and extend that love to others!

Blessings,

Natasha Pearen

Rev. Natasha Pearen

(A listing of upcoming events/activities are found on the other side of this letter.)

Special Services:

Maundy Thursday Service (Potluck Supper and Worship)	Thursday March 29 th 5:30 pm
Good Friday Community Service	Friday March 30 th 11:00 am (at MCCC)
Easter Fellowship (muffins and coffee) Easter Communion and Baptism Service	Sunday April 1 st at 10:00 am Sunday April 1 st at 11:00 am

Other upcoming Church activities include:

AOTS Pancake Supper	Friday March 16 th at 5:00pm
Meat Pie Sale In lieu of the St. Patrick's Day Tea and Bake Sale, we are planning a Meat Pie Sale. More information will follow.	Spring of 2018
Spring Smorg Supper	Sunday April 29 th 4:30-6:30pm